

# Certification Exam Preparation

MONDAY, MAY 3, 2010

8:00 AM - 5:00 PM

## 1. "ASP Safety Fundamentals Preparation Workshop"

Three-day Course. (Mon, May 3 thru Wed, May 5)

Instructor: **Span International Training, LLC**, Nixa, MO

Instructor: **David L. Wheeler**, CSP, OHST, CHST, SPAN International Training, LLC, Nixa, MO

This is a three-day review course for those preparing for the Safety Fundamentals Exam, leading to the designation of Associate Safety Professional (ASP). This workshop will prepare you for the Safety Fundamental Exam reviewing more than 600 problems. At the completion of the ASP prep workshop participants will learn to:

- Determine whether the participant is ready to attend the Safety Fundamentals Examination;
- Identify areas where additional preparation is needed;
- Design an individual study plan that ensures exam success;
- Obtain answers to questions about core exam materials;
- Review content material in an informal environment utilizing a "testing" format including an opportunity for discussion;
- Minimize "test shock" for those who have not taken an exam of this magnitude and importance for an extended period of time.

## 2. "CSP Comprehensive Exam Preparation Workshop"

Three-day Course. (Mon, May 3 thru Wed, May 5)

Instructor: **Span International Training, LLC**, Nixa, MO

Instructor: **Daniel J. Snyder**, CSP, CHMM, CET, CIT, SPAN International Training, LLC, Nixa, MO

This three-day course is designed to prepare individuals for the Comprehensive Examination leading to certification as a CSP. The workshop covers the four areas of the exam: engineering management, information management and communications, and professional conduct and ethics. The course will include lectures, sample problems, and discussions on a variety of subjects for the exam. At the completion of the CSP prep workshops participants will learn:

- Concepts of probability, statistics and calculus;
- Important elements in Engineering, safety and environmental, occupational health, fire protection;
- Applied management, principles, ergonomics analysis, risk management, workers' compensation;
- Legal/regulatory and professional affairs;
- Review current suggested readings and other study aids;
- Identify areas where participants need additional study.

## 3. "Certified Hazardous Materials Manager (CHMM)"

Three-day Course. (Mon, May 3 thru Wed, May 5)

Coordinator: **Chris King**, Director, St Louis University School of Public Health, St Louis, MO. Presented and Co-Sponsored by St Louis University,

Heartland Chapter of the ACHMM and the Gateway Society of Hazardous Materials Managers

This course is an intensive three-day review of the regulations, principles and concepts relating to the management of hazardous materials. Sponsor members and associates will teach the course, sharing their expertise in specific topic areas. Topics include: Regulatory Review, including: RCRA / HMTA / CERCLA / SARA / TSCA / FIFRA / OSHA / CAA / CWA / SDWA / HAZWOPER

Radiation Toxicology Analysis/Treatment

Chemistry Remediation Geohydrology

DOT Sampling Lead/Asbestos

Audits UST's PCB's

Pollution Prevention Occ. Health and Safety

Real Estate Audits Emergency Response

The cost of the course is \$595. Price includes lunch, refreshments and course materials, including the *Handbook on Hazardous Materials Management Desk Reference*, published by the Academy of Hazardous Materials Managers.

**CHMM EXAM --- Please note that the CHMM examination procedures have changed. As of January 1, 2007, qualified individuals take an electronic examination at the authorized testing center of their choice. Information and applications for the CHMM examination are available from the Institute of Hazardous Materials Management, at: <http://www.ihmm.org>, or by telephone at 301-984-8969.**

# Professional Development Courses

## Course or Session experience levels:

**F = Fundamental**

**I = Intermediate**

**A = Advanced**

## TUESDAY, MAY 4, 2010

8:00 AM – 5:00 PM

**Day 2 --- “ASP Preparation Workshop”**

**Day 2 --- “CSP Preparation Workshop”**

**Day 2 --- “CHMM Overview Course”**

10:00 AM - 5:30 PM **REGISTRATION**

### **4. “Environmental Permitting - Navigating the Mine Field” (I)**

1:00 PM - 5:00 PM

Instructor: **Pete Josendale**, EHS Manager, Exice Technologies

This session will cover environmental permitting from the most basic to some of the most advanced including storm water, process water discharge, basic air permits, Title V air permits, construction permits, land disturbance permits and RCRA permits. We will look at common problems and issues that the permittee may face in developing the application, working with the permitting authority, commenting on the draft permit and implementing the final permit. We will also look at the comment process and the appeal process as they apply to permits.

### **5. “Is Your Business Ready for an Emergency” (F/I)**

1:00 PM - 5:00 PM

Instructor: **A J Gajdosik**, Sr Loss Control Consultant, Amerisure Insurance, Imperial, MO

Earthquakes, fires, pandemic flu, Armageddon - A lot can happen to a company today. Is your business ready for an emergency? Will your workers be able to make it in to work? How long will you be down? This session will cover contingency planning, the American Red Cross Ready Rating program and Community Emergency Response Training (CERT). At the conclusion of the session, you will leave with a blueprint to begin your own contingency plan.

### **6. “10-Hour OSHA Construction Outreach Course” (I)**

12:00 PM - 5:00 PM

Instructors: **Phil Shoemaker**, Safety & Health Services Director, The Builders’ Association, Kansas City, MO; **Robert Simmons**, Safety & Health Services Regional Manager, The Builders’ Association, Jefferson City, MO; and **Brian Smith**, Assistant Director Safety & Health Services, The Builders’ Association, NO Kansas City, MO

This OSHA 10-Hour Construction Industry Course is to provide participants with an

understanding for workplace safety and health awareness and provide a working knowledge of the OSHA standards and regulations for construction. All participants must attend both class sessions and those completing the course will receive a course completion card and a training certificate.

### **7. “The Value Strategy: The Process Promoting Investment in Safety, Health and Environmental Interventions” (I)**

1:00 PM - 5:00 PM

Instructor: **Dr Georgi Popov**, Assistant Professor, University of Central Missouri, Warrensburg, MO

Competing for limited resources in the current economic situation requires the safety, health and environmental professionals to demonstrate the value of their interventions. Developing a Value Proposition, the sum total of the costs and benefits of interventions, allows the SHE professional to advance employee health and safety using classical business methods.

## WEDNESDAY, MAY 5, 2010

8:00 AM - 12:00 PM Professional Development Seminars and:

**Day 2 --- “OSHA 10-Hr Construction Outreach”**

**Day 3 --- “ASP Preparation Workshop”**

**Day 3 --- “CSP Preparation Workshop”**

**Day 3 --- “CHMM Overview Course”**

7:00 AM - 5:30 PM **REGISTRATION**

### **8. “Safety Program Basics - Part I” (F)**

8:00 AM - 12:00 PM

1:00 PM-5:00 PM **“Safety Program Basics - Part II”**

Instructor: **A J Gajdosik**, Loss Control Specialist, Amerisure Insurance Company, Imperial, MO

So now you’re responsible for safety in your company. You’ve never done this before. Where do you start? What do you NEED to know? This session will introduce you to OSHA, frequently cited OSHA standards, basics of a safety program, selling safety to management, recordkeeping, training, industrial hygiene and safety resources to assist you.

### **9. “Excavation Competent Person Safety Training” (I)**

8:00 AM - 12:00 PM

Instructor: **Brian Smith**, Assistant Director Safety & Health Services, The Builders’ Association, NO Kansas City, MO

This course has been designed specifically for those involved in excavation, trenching, and related operations. OSHA requires a “Competent Person” to oversee these jobsites, as they are some of the most hazardous of all construction operations. Topics include explanation of the excavation standards, soil classification, protective system requirements, access and egress, exposure to falling loads and traffic, water accumulation, hazardous atmospheric hazards, and rescue planning.

**10. “CIH Equation Review” (F/A)**

8:00 AM - 5:00 PM

Instructor: **Sybil Chandler**, EHS Faculty, Metropolitan Community College - Business and Technology, Kansas City, MO

Industrial hygiene formula review for industrial hygiene certification (CIH) exam. Course based on ACGIH Quantitative Industrial Hygiene: A formula workbook, which is included with the course. Course will provide a comprehensive review of numerous formulas. All problems presented attempt to simulate real-life situations and calculations and to identify important chemical, physical, or industrial hygiene principles. A must course if you are planning on taking the CIH exam!

**11. “American Heart Association CPR/AED Certification” (F)**

1:00 PM - 5:00 PM

Instructor: **Louise Farmer**, Campus Safety Coordinator, University of Central Missouri, Warrensburg, MO

Heart disease is the single biggest cause of death in the United States. Each year about 330,000 people die outside of hospitals when the heart suddenly stops beating (sudden cardiac arrest). A person having a heart attack is less likely to die if you start the American Heart Association Chain of Survival immediately by phoning for help and being trained to start the steps of CPR and use an AED automated external defibrillator. After the course and a skills test, you will receive an American Heart Association Adult CPR/AED certification card good for two (2) years.

**12. “Exercise/Postural Techniques That Can Be Done In The Work Place to Reduce Work Related Injuries” (F)**

1:00 PM - 5:00 PM

Instructor: **Russ Wiglesworth**, Physical Therapist, Corporate Care Lenexa, Lenexa, KS

The participant will practice and experience the positive effects of postural changes and stretching as they pertain to common postural faults and cumulative trauma. The participant will be able to incorporate these techniques into their own work

environment as a preventative measure both personally and for their employees.

<p><b>1:00 - 5:00 PM</b></p> <p><b>GOLF TOURNAMENT</b></p> <p><b>The OAKS</b> <b>Tan-Tar-A</b></p>
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<p><b>6:00 PM – 8:30PM</b></p> <p><b><u>EXPOSITION GRAND OPENING</u></b> <b><u>AND RECEPTION</u></b></p> <p><b>Safety ~</b> <b>It’s A Jungle Out There</b></p> <p>Join us for the adventure through the jungle of safety issues facing us all today. Wind through the paths to gain more knowledge of tools to help you survive in today’s ever-changing climate of the Safety Jungle.</p> <p>Food, Fun, Entertainment and Prizes for those who brave the jungle journey!</p> <p><b>Salons B &amp; C - Sixth Level</b></p>
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# CONFERENCE & EXPOSITION

**THURSDAY, MAY 6, 2010**

7:30 AM - 5:00 PM      **REGISTRATION**  
7:30 AM - 6:00 PM      **EXHIBITION HALL OPEN**  
7:30 AM - 8:20 AM      **CONTINENTAL  
BREAKFAST**

**8:45 AM - 9:45 AM      OPENING GENERAL  
SESSION --- "HEALTH IS THE REASON FOR  
SUSTAINABILITY"**

**Phelps Murdock**, CEO, Phelps Murdock Facilitation-Consulting, Weston, MO

Somehow the effort to 'save the human species' became known as 'saving the planet'. The planet will be around for billions of years even if Homo Sapiens has become the first species to make itself extinct. We need to stay focused on the objective: Making human life sustainable. This presentation, in exploring the impediments to human health and safety imposed by a toxic, wasteful environment, will suggest how safety, health and environmental pros can make a difference that will contribute to saving our favorite endangered species.

## 10:00 AM – 5:00 PM CONCURRENT SESSIONS

**13. "Distractions and Driving" (F)**

10:00 AM - 11:00 AM

Instructor: **John H. Kennedy**, Group Vice President, Education and Programs, National Safety Council, Itasca, IL

The National Safety Council is calling on motorists to stop using cell phones and messaging devices while driving, and is urging businesses to enact policies prohibiting it and governors and legislators in all 50 states and the District of Columbia to pass laws banning the behavior. This workshop will look at the issues related to distracted driving and how it impacts businesses.

**14. "Food Safety and Product Recall" (I)**

10:00 AM - 11:00 AM

**Room: 63/64**

Instructor: **Dave Ludwin**, Product Liability Director, CNA Insurance, Chicago, IL

Salmonella, pet food and peanut butter have caused massive food recalls in the food processing industry. Learn effective techniques for responding to food safety incidents and how to strengthen your product recall planning while protecting your company's reputation and market share.

**15. "SCHIP vs MSP" (I)**

10:00 AM - 11:00 AM

Instructor: **Christina Hill**, Vice President - Field Sales, Gould & Lamb, Bradenton, FL

This presentation is a comprehensive overview of the current Medicare Secondary Payer Regulation and the coming changes with the State Children's Health Insurance Program. We will discuss how W. C. Liability and Self-Insured entities will be required to report and the difference in impact for each of these providers.

**16. "Ergonomics: New Evaluation Tools" (I)**

10:00 AM - 11:00 AM

Instructor: **Dr Georgi Popov**, Assistant Professor, University of Central Missouri, Warrensburg, MO

The Rapid Entire Body Assessment (REBA) method was developed by Dr Sue Hignett and Dr Lynn McAtamney. REBA is a postural targeting method for estimating the risks of work-related entire body disorders. In addition Rapid Upper Lumbar Assessment and Strain Index tools will be presented.

**17. "Environmental Enforcement" (F)**

10:00 AM - 11:00 AM

Instructor: **Region 7 (TBA)**

This presentation will provide the audience with the current and future direction being taken by EPA in Region 7. Find out what your local environmental enforcement agency is focusing on and how to stay in compliance.

**18. "How To Be Sustainable Now" (I)**

10:00 AM - 11:00 AM

Instructor: **Phelps Murdock**, CEO, Phelps Murdock Facilitation-Consulting, Weston, MO

We talk of sustainability as if we had a choice. But, unless we clearly understand the relationship between sustainability and health, we cannot insure that we will survive, let alone live well. This session will explore how safety, health and environment pros can create a plan that will contribute to being sustainable now and for the long-run.

**19. "The Missouri One Call System and Your Clients: Training to Avoid Accidents, Injuries and Claims" (F)**

10:00 AM - 11:00 AM

Instructor: **Derek Leffert**, Field Manager, Missouri One Call System, Jefferson City, MO

This presentation will examine the need for loss prevention and risk management professionals to partner with the Missouri One Call System to offer free training to construction clients to raise awareness of their legal responsibilities under Missouri state law.

**20. “How To Save A Life” (F)**

11:15 AM - 12:15 PM

Instructor: **Sgt Paul Reinsch**, Missouri State Highway Patrol, Troop F, Jefferson City, MO

Traffic crashes continue to take lives and inflict serious injuries. We will take an in-depth look into the most prevalent reasons motor vehicle crashes occur in Missouri and what can be done to prevent them from happening.

**21. “Training: Who, What, When, Where, Why and How” (F)**

11:15 AM - 12:15 PM

Instructor: **Ron Dunkle**, Safety Coordinator, University of Missouri, Columbia, MO

Is training always the best option to avoid or address organizational problems? If so, who would benefit and how should the training be developed and delivered? These are questions trainers must constantly consider when asked to provide training for their organizations. In this session we will address the basics of the 6 W’s of training.

**22. “Supervisor Reasonable Suspicion Recognition Training” (I)**

10:00 AM - 12:15 PM

Instructors: **John Throckmorton**, General Manager, Employee Screening Services of Missouri, Springfield, MO

Session meets supervisor recognition training as required by all DOT administrations and as suggested by Guidelines for a Drug Free Workplace. Content includes recognition and documentation of physical, behavioral, speech and performance indicators of probable alcohol misuse and use of controlled substances.

**23. “The Many Faces of Case Management” (A)**

11:15 AM - 12:15 PM

Instructor: **Gini Toyne**, President/ CEO, Gini L Toyne & Associates, Inc., Kansas City, MO

Case Management has taken many forms in the field of injury management. This presentation will provide you with information about the diverse scope of Case Management and help you understand how the expertise and flexibility of Case Management can enhance employer/employee relationships, employee control and improve your bottom line.

**24. “Indoor Air Quality 101” (F)**

11:15 AM - 12:15 PM

Instructor: **Dr Samuel D Allen Iske, Jr**, Assistant Professor, University of Central Missouri, Warrensburg, MO

Provide an overview of the requirements for monitoring the indoor air quality of a facility using Industrial Hygiene techniques and other applicable standards. Discuss the common topics applicable to assessment of indoor or workplace environments.

**25. “Money for Nothing and Your Trash for Free” (F)**

11:15 AM - 12:15 PM

Instructor: **Scott J Ammon**, Assistant Professor of Safety Sciences, University of Central Missouri, Warrensburg, MO

The concept of reduce, reuse, recycle and respond was utilized to take seven waste streams that were costing money to dispose of and were converted so that we get paid for the waste stream.

**26. “Risk Assessments Role in Sustaining Safety and Health” (I)**

11:15 AM - 12:15 PM

Instructor: **Bruce Hollcroft**, Director of Risk Control, Hays Companies, Lake Oswego, OR

Various national and international risk assessment models will be presented and described. The use of risk assessments in continuously improving and sustaining safety and health efforts will be presented. Examples and success stories will be provided to support the risk assessment process.

**27. Construction Safety Roundtable” (F)**

11:15 AM - 12:15 PM

Instructors: **Mark Banden**, Compliance Assistance Specialist, OSHA, Kansas City, MO (Non-Enforcement); **Don Campbell**, Safety Director, P1 Group, Lenexa, KS (Subcontractor); **Dwayne Hartman**, Vice President, Sr Loss Control Consultant, Lockton Companies, LLC, Kansas City, MO (Insurance); **Bill McDonald**, Area Director, OSHA, St Louis, MO (Enforcement); **Phil Shoemaker**, Safety & Health Services Director, The Builders’ Association, NO Kansas City, MO (Contractor Trade Association); and **Brian Schrader**, Safety Director, McCownGordon Construction, LLC, Kansas City, MO (General Contractor)

The presentation will cover hot topics on a local and national level in the construction safety and health field. It will also provide participants with an opportunity to ask questions from industry experts, i.e., OSHA, Insurance, Contractor Trade Association, Subcontractor and General Contractor perspectives.

<p><b>12:15 - 1:30</b></p> <p><b>ALL CONFERENCE BUFFET LUNCHEON</b></p> <p><b>Exposition Hall</b></p> <p><b>Great Food! Great Exhibits!</b></p> <p><b>Salons B &amp; C</b></p>
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**28. “Escalation Options: How to Direct Inappropriate Behavior With Your Words” (I)**

*1:30 PM - 2:30 PM*

Instructor: **Jessie Haden Pitman**, Public Information Officer, Columbia Missouri Police Department, Columbia, MO

We all know that most communication is non-verbal, or “body language”. So how do you use words to their maximum impact when you’re dealing with an uncooperative person? How do you get him or her to do what you want? Learn simple techniques that actually work.

**29. “Fleet Safety Best Practices” (F)**

*1:30 PM - 2:30 PM*

Instructor: **Mark Woodward**, Sr Loss Prevention Trainer, MO Employers Mutual, Columbia, MO

This interactive session details a ten-step safety process that will provide focus for fleet managers. This session is not DOT compliance - but best practices that can be applied to reduce vehicle-related accidents. These ten steps are appropriate for all sizes of fleet regardless of vehicle size.

**30. “Infrared Thermography” (F)**

*1:30 PM - 2:30 PM*

Instructor: **Glenn Vreeland**, Risk Control Specialist, CNA Insurance, Overland Park, KS

This class will explain the basic science behind Infrared Thermography and its many potential benefits. We will identify how Infrared Thermography reduces fire and mechanical break down exposures; reduces production and maintenance costs; and reduces energy use.

**31. “Post Injury Management - Is Controlling Your Workers Compensation Cost an Impossible Mission?” (F)**

*1:30 PM - 2:30 PM*

Instructor: **Caridad Flowers**, Senior Workers Compensation Claims Consultant, Lockton Companies, Kansas City, MO

Workers compensation costs continue to rise, however, employers have opportunities to take steps that can help reduce their overall costs. This presentation will give a brief overview of what an employer can do to manage a workers compensation claim. This will include focusing on the employee’s return to work, managing the medical treatment, and working with the claims adjuster.

**32. “OSHA Recordkeeping and Beyond” (I)**

*1:30 PM - 2:30 PM*

Instructor: **Mark Banden**, Compliance Assistance Specialist, OSHA, Kansas City, MO

This session will cover the OSHA Recordkeeping Regulation and common mistakes found by OSHA during enforcement inspections.

**33. “SPCC Plans” (I)**

*1:30 PM - 2:30 PM*

Instructor: **Eric Emmett**, Missouri Office Manager, August Mack Environmental, Inc., Festus, MO

The spill prevention control and countermeasure (SPCC) regulation under 40 CFR 112 governs oil storage at a facility. This session will summarize the many modifications/updates to SPCC, as well as how to prepare and SPCC plan. In addition, this session will go into more detail how to efficiently comply with the SPCC regulation.

**34. “Safety in the Lean Enterprise - Panel Discussion” (I)**

*1:30 PM - 2:30 PM*

Instructors: **Donna Heidel**, Prevention through Design Program Coordinator, CDC/NIOSH, Cincinnati, OH; **Tom Ireland**, EH&S Manager, Milbank Mfg, Kansas City, MO; **Tom McAtee**, CNA Insurance, Overland Park, KS; **Mark Piper**, Director of Safety, Pace Industries, Harrison, AR; and **Dr Georgi Popov**, Assistant Professor, University of Central Missouri, Warrensburg, MO

Many companies are becoming lean enterprises to improve quality, eliminate waste, and reduce costs. Our panel of experienced safety professionals involved with lean concept, will discuss key take away points, and best practices to help ensure safety is an effective part of the Lean Enterprise.

**35. “7 Secrets to Lowering Your Experience Modification” (I)**

*1:30 PM - 2:30 PM*

Instructors: **Jason Gregory**, Director of Business Development, WorkCompMC by OHM, St Joseph, MO; **Tyler Morgan**, Vice President, Tilton, Thomas and Morgan, Inc., St Joseph, MO

Are you interested in learning about how your workers’ compensation insurance premium is calculated? You should be---your experience modification factor, or mod, is an important component used in calculating your workers’ compensation premium. This presentation provides you with the information necessary to determine how to control your mod to reduce your company’s workers’ compensation cost.

**36. “NFPA 70E” (I)**

*2:45 PM - 3:45 PM*

Instructor: **Scott Gilmore**, Senior Evaluation Specialist, Overland Park, KS

As additional hazardous aspects of electrical work are identified, traditional precautions are no longer adequate to protect workers. NFPA 70E examines technologies and work practices, enhancing electrical safety in the workplace. These practices benefit both the employer and employees who work on or near electrical components.

**37. “Safe Communities: Corporate Social Partnership” (F)**

2:45 PM - 3:45 PM

Instructor: **Debora Biggs**, Executive Director, Safety Council of the Ozarks, Springfield, MO

Pursuing corporate social responsibility is what the Harvard Business Review refers to as “enlightened self-interest”. This concept suggests that companies should operate to allow future planning to link long-term economic success with short-term goals of productivity. The Safe Communities movement is about safety, saving lives, and preventing injuries and deaths within the community - at work, at home, on the road, or at play. Safe Communities calls for people to be proactive, embracing safety 24 hours a day, seven days a week. Encouraging your company to become a participant in the Safety Communities movement can demonstrate the high value your company places on safety and health, both on and off the job. It can also be to your company’s advantage as an employer and as a business, positively affecting employee well-being, productivity and morale. This workshop will outline what the Safe Communities program is, how and why companies can become involved, and the benefits of being a part of the Safe Community movement.

**38. “Ten Easy Human Element Actions You Can Add to Your Property Protection Program” (F)**

2:45 PM - 3:45 PM

Instructor: **Chuck Slagle**, Property & Loss Prevention Manager, Sprint, Overland Park, KS

This program provides ten human element actions that can easily be incorporated into your property loss prevention program that are inexpensive, but have proven high dollar returns in loss exposure.

**39. “Workers Compensation Roundtable” (F)**

2:45 PM - 3:45 PM

Instructors: **Joseph F Galate, MD**, Board Certified in Physical medicine & Rehabilitatin/Pain Management, Metro Spine & Rehab, PA, Overland Park, KS; **Eric Lanham**, Attorney at Law, McAnany, Van Cleave & Phillips, P.A., Kansas City, KS; **Gini L. Toyne**, President/Sr Medical Services Consultant, Gini L Toyne & Associates, Inc., Kansas City, MO

Talk to the experts! This will be an interactive discussion about handling complex Worker’s Compensation issues. You will be able to ask questions of the panel members including an attorney, a physician, a nurse case manager and an employer representative. The latest updates in Missouri case law and common problems will be discussed.

**40. “Environmental and Industrial Hygiene Aspects of LEED Construction” (I)**

2:45 PM - 3:45 PM

Instructor: **Robert Jurgiel**, Senior Consultant, John A Jurgiel and Associates, Inc., St Louis, MO

LEED Construction has been gaining in popularity and offers Environmental and Industrial Hygiene professionals opportunities in several areas as listed below:

- ~ Indoor Air Quality Testing
- ~ Construction IAQ Plans
- ~ Construction Waste Management Plans
- ~ Remediation and Recycling Issues

This presentation will discuss each of these areas and review challenges experienced.

**41. “Introduction to ISO: 14001 and EMS” (I)**

2:45 PM - 3:45 PM

Instructor: **Sybil Chandler**, EHS Faculty, Metropolitan Community College - Business and Technology, Kansas City, MO

Introduction to ISO: 14001 standard and Environmental Management Systems (EMS) including history, benefits of becoming registered, implication process, timeline and costs. The ISO 14000 environmental management standards exist to help organizations minimize how their operations negatively affect the environment.

**42. “Retailers and the Wal-Mart Sustainability Index” (F)**

2:45 PM - 3:45 PM

Instructor: **Lance Erickson**, Principal Risk Control Administrator, Hallmark Cards, Inc., Kansas City, MO

In the current retail environment, sales volume is often not enough to ensure success. Sustainability is reaching environmental mandate that could change the way consumers shop. This session explains the index and its’ possible effects.

**43. “OSHA Region VII” ( )**

2:45 PM - 3:45 PM

Instructor: **Mark Banden**, Compliance Assistance Specialist, OSHA, Kansas City, MO

**4:00 PM - 5:00 PM GENERAL SESSION ---**

**“THE ROAD TO ZERO INJURIES” - Bill Dampf**, Manager of Safety and Training, AmerenUE, St Louis, MO

Many will define their success in safety through spreadsheets, man-hour records and incident rates. But what is the ultimate goal? Can we be satisfied with anything other than zero? Our challenge is to strive for continuous improvement and realize that ultimate achievement; incident elimination. This presentation offers a pathway towards attaining that goal.

<p style="text-align: center;"><b>5:00 PM - 6:00 PM</b> <b>EXPOSITION RECEPTION</b> Plenty of snacks and refreshments Prize Drawings <b>Level 6</b> <b>Salons B &amp; C</b></p>
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**FRIDAY, MAY 7, 2010**

**7:30 AM - 12:45 PM REGISTRATION**

**8:00 - 12:45**

**Concurrent Sessions**

**44. "Software Can Close The Loop of Information In Your Safety Management System" (I)**

*8:00 - 9:00*

Instructor: **Ron Demaray**, President/CEO, Regulatory Consultants Inc. (RCI), Horton, KS

RCI has been providing businesses with innovative safety solutions for over 20 years. Web-based management software helps companies close the loop by engaging employees to better implement and control safety and quality management systems. Identify leading and lagging indicators with real time information using behavior based safety, incident reporting and investigation.

**45. "CSA 2010" (F)**

*8:00 AM - 9:00 AM*

Instructor: **Kevin Brandon**, Certified Director of Safety-Fleet, Zurich North America, Lee's Summit, MO

Change Ahead! Comprehensive Safety Analysis 2010 is a major Federal Motor Carrier Safety Initiative to improve the effectiveness of the agencies compliance and enforcement program. Its goal is to achieve a greater reduction in large truck crashes, injuries, and fatalities while maximizing the resources of the DOT-FMCSA and its states partners. Know what is changing and how to be prepared.

**46. "Functional Employment Testing" (I)**

*8:00 AM - 9:00 AM*

Instructor: **Jeff Weeks**, COO, Athletic & Rehabilitation Center, Overland Park, KS

Attendees will learn how to navigate the world of functional employment testing. Attendees will learn how to use all of the tools that are available while mitigating legal risks at the same time. All levels of experience will be invited to attend.

**47. "You Day in Court: A Safety Professional's Guide to Litigated Workers' Compensation Claims" (F)**

*8:00 AM - 9:00 AM*

Instructor: **Eric Lanham**, Attorney, McAnany, VanCleave and Phillips, PA, Kansas City, KS

The safety professional is often the most important contact for attorneys representing employers in litigated workers' compensation claims. This presentation will offer suggestions that will prepare you should a litigated claim arise. Particular attention will be focused on the importance of timely and accurate documentation, safety violations, drug

and alcohol issues, horseplay, and recreational activities.

**48. "Applying Control Banding At Work" (I)**

*8:00 AM - 9:00 AM*

Instructor: **Lance Erickson**, Principal Risk Control Administrator, Hallmark Cards, Inc., Kansas City, MO

What do you do when faced with ~980,000 chemicals in commerce but only ~650 exposure limits? You check out what control banding has to offer! Control banding is a novel method of assessing employee exposures. This presentation summarizes the latest control banding developments and applications.

**49. "Universal Waste - 11 Things You Need to Know for Compliance" (F)**

*8:00 AM - 9:00 AM*

Instructor, **Larry Fannaly**, Vice President Sales & Operations, LEI, Hammond, LA

In this presentation we will discuss the 11 things you need to know to keep your organization in compliance with the regulations governing the management of universal wastes. We will not only cover EPA and MDNR's rules but also the new DOT regulations affecting the shipping of universal wastes.

**50. "Career Pathways Through Professional Certification and Membership Organizations" (F)**

*8:00 AM - 9:00 AM*

Instructor: **Dan Snyder**, Managing Partner, SPAN International Training, Nixa, MO

Professional credentialing, ongoing professional development, and networking are critical tools to ensure a fulfilling career as an EHS professional. This presentation will provide an overview comparison of various recognized professional certification requirements and the benefits of membership organizations related to the fields of Environmental Health and Safety. Leading credentials such as the CHMM, CHMP, CET, ASP, CSP, CIH, CHST, OHST will be discussed in detail along with the networking and professional development opportunities available through professional membership organizations such as AIHA, NSC, ASSE, and AHMP. The objectives are for participants to be able to identify accredited professional certifications and recognize the benefits of membership organizations and then incorporate these resources into planning a career path.

**51. "Ins and Outs of Drug and Alcohol Testing" (I)**

*8:00 AM - 9:00 AM*

Instructors: **John Throckmorton**, General Manager, Employee Screening Services of Missouri, Springfield, MO

Session will include recent trends and regulatory changes in the drug testing industry, and a general review of maintaining DOT and/or Drug Free Workplace programs that are compliant with federal and state regulations.

**52. “Developing an Effective Emergency Action Plan” (F)**

9:15 AM - 10:15 AM

Instructor: **Everett Bake**, Corporate Safety Manager, Ameristar Casinos, Inc., Kansas City, MO

This session will cover the basics of developing an effective Emergency Action Plan. Topics covered will include OSHA requirements, program components and implications of new ADA regulations. A computer based “tool kit” will be provided participants which includes templates, checklists and resource links.

**53. “Wellness Program” (F)**

9:15 AM - 10:15 AM

Instructor: **Steve Best**, J E Dunn,

Learn what a major construction firm is doing in the area of “Wellness Programs” to help control costs and improve their workforce.

**54. “Brachial Plexus Injuries in The Adult” (A)**

9:15 AM - 10:15 AM

Instructor: **Dr Christine Cheng**, MD, Kansas City Bone and Joint Clinic, Overland Park, KS

We will discuss the anatomy, mechanisms of injury, expected timetable for nerve recovery, and how to manage these injuries non-operatively. We will also discuss when surgery is indicated, the role of EMG/NGS and what types of reconstructive surgery is available.

**55. “Toxicology For The Non-Toxicologist” (F)**

9:15 AM - 10:15 AM

Instructor: **Dr Alice Greife**, Dean and Professor, College of Science and Technology, University of Central Missouri, Warrensburg, MO

Toxicology is the science of poisons and how it affects living systems. This presentation is geared toward those with little science background. It will explore basic concepts and how to use this information to make general decisions regarding personal protective equipment, engineering controls and selection of substitute materials.

**56. “Use of Web Technology as a Tool for Safety” (I)**

9:15 AM - 10:15 AM

Instructor: **F. Douglas Hoyle**, Loss Control Director, Allied/Nationwide Insurance, Lincoln, NE

Have you ever needed a safety-related resource and couldn't find it? This session will demonstrate several methods of obtaining EH&S resources on the internet. Topics will include blogs, podcasts, RSS feeds, search engines, and social networking. No matter what industry segment of EH&S you are in, you will find this session useful to your day-to-day operations.

**57. “Work Comp 101” (F)**

9:15 AM - 10:15 AM

Instructor: **Dr Joseph F. Galate**, MD, Metro Spine and Rehab, PA, Overland Park, KS

This presentation will discuss basics in managing your worker compensation costs and overall program.

**58. “Slip, Trip, and Fall Prevention In The Construction Industry” (F)**

9:15 AM - 10:15 AM

Instructor: **Randy Harvey**, Zurich North America, Lawson, MO

Construction specialists know that slips, trips, and falls are one of the leading sources of injuries and fatalities in the construction industry. Because of this, it is important for field supervisors to have the basic skills and knowledge to evaluate and pre-plan for slip, trip, and fall prevention and fall protection systems. This information-packed seminar will help you discover how you can identify and control your loss exposures while effectively managing your organization's productivity and profitability goals. Topics addressed in this program include: • Pre-planning for slip, trip, and fall prevention; • Commonly used fall protection systems and equipment; • Common slip, trip, and fall hazards and controls.

**59. “Leadership Style - What's Yours and Why It Matters” (F)**

10:30 AM - 11:30 AM

Instructor: **Dr Leigh Ann Blunt**, Associate Professor and Chair, Department of Safety Sciences, University of Central Missouri, Warrensburg, MO

Leadership style influences the ability to get things done in an organization. Assess your leadership style and its influence on communication, decision-making, employee morale and motivation, job satisfaction, and employee stress.

**60. “Critical Infrastructure Protection” (F)**

9:15 AM - 11:30 AM

Instructor: **Rick D. Goins**, Protective Security Advisor, US DHS, St Louis, MO

Description of critical infrastructure according to US DHS and the position of the Protective Security Advisor in the state districts. Awareness in your job and services/resources available to your site from USDHS.

**61. “The Nuts and Bolts of Wellness Programs” (F)**

10:30 AM - 11:30 AM

Instructor: **Jack Bastable**, National Practice Leader of Health and Productivity Management, CBIZ, Leawood, KS

This presentation provides an overview of wellness programs. It will include the components of a successful program and discuss how to implement a successful program. Additional highlights include benefits and ideas for sustaining the wellness program after the initial implementation.

**62. “Tendon Injuries - Initial Treatment and Definitive Treatment” (I)**

*10:30 AM - 11:30 AM*

Instructor: **Dr J Clinton Walker**, MD, Kansas City Bone and Joint Clinic, Overland Park, KS

We will discuss the different types of flexor and extension tendon injuries in the hand and fingers. Mechanism of injury, initial management at the occupational clinic and definitive management through surgery and/or splinting will be covered.

**63. “50 Years of Industrial Hygiene and Safety” (F/I)**

*10:30 AM - 11:30 AM*

Instructors: **John A. Jurgiel**, CIH, John A. Jurgiel & Associates, Inc., St Louis, MO; **Al Stewart**, CIH, CSP, Stewart Industrial Hygiene and Safety, Kansas City, MO

Two well known professionals in Industrial Hygiene and Safety will review the history of Industrial Hygiene and Safety over each of their 50 years of service. Each offers a unique insight of the evolution of our industry and developments over their years of service.

**64. “Incorporating the Four R’s into Chemical Re-Use and Substitution” (F)**

*10:30 AM - 11:30 AM*

Instructor: **Scott Ammon**, Assistant Professor of Safety Sciences, University of Central Missouri, Warrensburg, MO

The presentation will examine the concepts of the four R’s, reduce, reuse, recycle and respond to find less hazardous and toxic, or non-hazardous chemicals that can be substituted in industrial, commercial and residential applications.

**65. “Combustible Dust & PSM Standards” (I)**

*10:30 AM - 11:30 AM*

Instructor: **Tom Lawrence**, Sr Consultant, Process Safety, Ballwin, MO

OSHA’s combustible dust regulatory development process is underway. Proposed models are similar to OSHA’s PSM Standard or NFPA’s dust standards. This presentation will discuss why both of these models are likely to result in complex regulations, difficult to implement, having unnecessary requirements. A simple, cost effective approach will be proposed.

**66. “Health Aspects in Construction” (F)**

*10:30 AM - 11:30 AM*

Instructor: **Robert Simmons**, Safety & Health Services Regional Manager, The Builders’ Association, Jefferson City, MO

This presentation will provide an introduction to the three most common health hazards in which workers are exposed in the construction industry; silica, asbestos, and lead. The presentation will provide an overview of hazard recognition techniques and discuss when hazard sampling should be conducted according to OSHA regulations.

*11:45 AM - 12:45 PM* **CLOSING SESSION – “OSHA: 2010 and BEYOND”**

**Richard Fairfax**, CIH, Director of Enforcement Programs, OSHA, Washington, DC

If you have questions about where OSHA may be heading, this closing session will be of utmost importance. Mr. Fairfax is the Director of Enforcement and oversees all OSHA enforcement and compliance programs for General Industry and Construction. Join him for “a look inside the agency” as he provides an overview of key enforcement initiatives, new standards development, national emphasis programs, and other potential changes that may affect your company, and OSHA compliance programs.

**Sponsored By:**  
**Missouri Safety Council**  
**Safety & Health Council of Western Mo & KS**  
**St Joseph Safety & Health Council**  
**Safety Council of Greater St Louis**  
**Safety Council of The Ozarks**

**In Cooperation With:**

- American Industrial Hygiene Association – Kansas City and St Louis Chapters
  - American Society of Safety Engineers
    - Heart of America Chapter
    - Mid-Missouri Section
    - St Louis Chapter
      - Associated Builders & Contractors
  - Associated General Contractors of St Louis
    - International Veterans of Safety
      - MARCIT
- Mid-America Association of Environmental Professionals
  - Missouri Association of Counties
- Missouri Association of Occupational Health Nurses
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  - Missouri Division of Highway Safety
- Missouri Department of Labor & Industrial Relations
  - Missouri Hospital Association
  - Missouri Motor Carriers Association
  - Missouri Municipal League
- Missouri Public Entity Risk Management Fund
  - Missouri Society of Hospital Engineers
  - Missouri State Chamber of Commerce
  - Missouri State Labor Council “AFL-CIO”
    - Missouri Waste Control Coalition
  - National Community Crime Policy Institute
- St Louis Chapter, Society of Fire Protection Engineers
  - University of Central Missouri & MO Safety Center
    - University Of Missouri

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# CONFERENCE OVERVIEW

## Mon, Tues, Wed, May 3-5:

8:00 AM - 5:00 PM

## PREPARATION FOR PROFESSIONAL CERTIFICATION

(3 Days) ASP SAFETY FUNDAMENTALS PREPARATION WORKSHOP  
(3 Days) CSP COMPREHENSIVE EXAM PREPARATION WORKSHOP  
(3 Days) CHMM OVERVIEW  
(1 Day) CIH EQUATION REVIEW

## Tuesday, May 4:

8:00 AM - 5:00 PM

(Day 1) PRE-CONFERENCE SEMINARS

## Wednesday, May 5:

8:00 AM - 5:00 PM

(Day 2) PRE-CONFERENCE SEMINARS CONTINUED

1:00 PM - 5:00 PM

GOLF TOURNAMENT

6:00 PM - 8:30 PM

EXPO GRAND OPENING AND RECEPTION

## Thursday, May 6:

7:30 AM – 8:30 AM

EXPO CONTINENTAL BREAKFAST

8:45 AM - 9:45 AM

OPENING GENERAL SESSION  
*“Health Is The Reason for Sustainability” - Phelps Murdock*

10:15 AM – 12:15 PM

CONCURRENT SESSIONS

12:15 PM - 1:15 PM

ALL-CONFERENCE LUNCHEON - EXPO HALL

1:30 PM – 3:45 PM

CONCURRENT SESSIONS CONTINUED

4:00 PM - 5:00 PM

*“The Road To Zero Injuries” - Bill Dampf*

5:00 PM - 6:00 PM

EXPO RECEPTION --- ATTENDANCE PRIZES

## Friday, May 7:

8:00 AM - 11:15 AM

CONCURRENT SESSIONS CONTINUED

11:30 AM - 12:30 PM

CLOSING GENERAL SESSION  
*“OSHA: 2010 and Beyond” - Richard Fairfax*

## **EXPOSITION - (Main Ballroom - Salons A and B, Sixth Level) Entertainment and other surprises!**

Attend the Exposition to:

- Learn about new products and technologies
- Examine and compare products first-hand
- Form profitable relationships with suppliers
- Shop, compare, negotiate the best deals

The opportunity of visiting with vendors will increase your insight as a knowledgeable buyer, helping you use the latest technology for increased productivity and profits. Remember, we consider the exhibits an integral part of the educational experience of the Conference.

Exposition hours are:

Wednesday - 6:00 pm to 8:30 pm  
Thursday - 7:30 am to 6:00 pm

**Tan-Tar-A Resort – Osage Beach, MO**

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# Tan-Tar-A Resort

## Osage Beach, MO

**2010 Conference Committee Chair: Mr. Bruce Lyon**



**Keynote Speaker: Mr. Phelps Murdock**



*An expert in strategic organizational, marketing and community planning, Mr. Murdock has spent his career helping individuals, businesses, and nonprofits along with entire communities to become healthier and sustainable for our future. Most recently as the President and CEO of Bridging the Gap, Inc., he served as professional executive of the nonprofit with the mission of making the region environmentally sustainable. Mr. Murdock also served as chairman of the board from 1999-2005.*

**General Session Speaker: Mr. Bill Dampf**



*Bill Dampf is the Manager of Safety and Training for a Midwest electric and natural gas utility with over 9000 employees. He has been in the safety profession for 30 years and a professional speaker for 12. He has acquired both his BS degree and Masters degree in Industrial Safety, is a Certified Safety Professional and a published author.*

**Closing Session Speaker: Mr. Richard Fairfax**



*Richard Fairfax is a Certified Industrial Hygienist and currently works as the director for the Directorate of Enforcement Programs for OSHA, which over-see all enforcement related activities for federal OSHA. The Directorate of Enforcement Programs (DEP) also provides OSHA and the public with guidance on how to comply with the requirements of OSHA standards. He has been with the agency for 32 years.*

## ***DRESS FOR COMFORT:***

Tan-Tar-A and a casual life-style go hand in hand so "workplace casual" attire is appropriate for all Conference functions.

## ***SESSIONS ARE CATEGORIZED BY EXPERIENCE LEVEL:***

- (F) **Fundamental** – Fundamental sessions tend to be "how-to" with respect to program content, addressing concepts, issues or technical topics with an introductory or refresher approach.
- (I) **Intermediate** – Intermediate sessions offer more in-depth examinations of specific safety and health issues and their solutions. Some technical knowledge or experience is helpful to understand and utilize the subject matter.
- (A) **Advanced** – Advanced sessions are directed at the safety/health/environmental professional and are designed to communicate progressive concepts or accelerated technical information leading to greater professional expertise.

## ***VISIT THE EXHIBITS & TALK TO OUR EXHIBITORS***

### **A Genuine Thank You To Our Exhibitors!**

For the latest safety technology, related products and services, our Exhibitors stand ready to demonstrate, explain and recommend Solutions for your Environmental, Health and Safety needs.

### **WINDGATE HALL - LEVEL 6**

Wednesday --- 6:00 pm to 8:30 pm  
Thursday --- 7:30 am to 6:00 pm

## ***SUPPORT YOUR LOCAL SAFETY COUNCIL***

Safety & Health Council of Western MO & KS  
Kathy Zents, President  
5829 Troost  
Kansas City, MO 64110  
(816) 842-5223  
[kathyzents@safetycouncilmoks.com](mailto:kathyzents@safetycouncilmoks.com)  
[www.safetycouncilmoks.com](http://www.safetycouncilmoks.com)

Safety Council of the Ozarks  
Debora Biggs, Executive Director  
1111 South Glenstone  
Springfield, MO 65804  
[dbiggs@nscozark.org](mailto:dbiggs@nscozark.org)  
[www.nscozarks.org](http://www.nscozarks.org)

Safety Council of Greater St Louis  
Leslie Foran, Executive Director  
1015 Locust, Suite 902  
St Louis, MO 63101  
(314) 621-9200  
[director@stlsafety.org](mailto:director@stlsafety.org)

St Joseph Safety & Health Council  
Gerry Duty, Executive Director  
118 South Fifth, Lower Level  
St Joseph, MO 64501  
[sjsc@ponyexpress.net](mailto:sjsc@ponyexpress.net)

**CONFERENCE EXHIBITORS**  
**Sixth Level**  
**Salons B & C**

# CONFERENCE PLANNING COMMITTEE

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Kansas City, MO

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General Vice Chair  
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OSHA  
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Kansas City, MO

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Safety Council of the Ozarks  
Springfield, MO

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2003	Pete Josendale
2002	Cathi Smith
2001	Sandy Underwood
2000	Steve Zink
1999	Diane Goertz
1998	Donna Kaker
1997	Fritz Hoffmeister
1996	Todd Foster
1995	Kathy Shannon
1994	Vince Lange
1993	Doug Raker
1992	Glenn Wiczorek
1991	Chuck Hill
1990	Randy Gay
1989	Denny Scott
1988	Art Hardy
1987	Dave Reynolds
1986	Fran Rippetto
1985	Jim Watson
1984	Bob Marshall
1983	Tom Lawrence
1982	Tom Cox